



Interior Alaska Cancer Association

PO Box 80063, Fairbanks, AK 99708

(907) 374-0974

In 2002, a group of concerned Fairbanks individuals realized that the basic needs for cancer patients in the Interior were not being met. Funds raised nationally by large, established non-profit organizations, were primarily funneled in the direction of research, certainly a crucial endeavor in the battle waged against this destructive illness. Our friends and neighbors, however, were struggling with the immediate consequences of receiving the dreaded news—what are the treatment options; how long could they continue working; how would the bills be paid; what about transportation to and from therapy; what emotional toll would this create for them and their families? IACA was thus formed for the sole purpose of assisting cancer patients and their families in our community.

We are a very small, volunteer driven, 501(c)3 organization. Our goal is to assist those who are caught in the whirlwind following diagnosis. We provide support group meetings, resource guidance, and financial assistance. Of these provisions, the latter comprises, by far, the major part of our mission. *Our organization relies strictly on donated funds.* There is no office, no paid staff, and our overhead operational costs (phone, P.O. box, advertisement, nominal fees) account for approximately 7% of our expenditures. *The remaining 93% of donated funds are used for the needs of Interior Alaskan cancer patients who seek our assistance.*

Financial assistance is provided for travel/transportation costs associated with cancer treatment within and outside of Alaska. We also pay utility bills, babysitting or housecleaning costs, medication fees, and offer Safeway gift cards which may be used for gas and groceries. The latter are much appreciated by individuals from outlying areas such as Tok, Delta Junction, Nenana, Healy, Arctic Village, Eagle, and other Interior communities. The amount awarded is the same for each applicant. We pay the vendor(s) directly, rather than a direct cash award to the individual.

Resource requests are generally for local agencies who can help with needs we are not able to meet. These include, but are not limited to, physical and occupational therapy, food bank, Fairbanks Resource Agency, and Patient Navigators at Fairbanks Memorial Hospital. We additionally participate in local health fairs where we distribute educational materials as needed.

Our Support Group meetings are held the third Wednesday of each month (and more often if requested) at 7:00 p.m. at the Cancer Treatment Center. These meetings are geared for anyone who is dealing with cancer, as well as, their relatives, friends, coworkers, or neighbors. It is a relaxed gathering. Open discussion is encouraged, but not necessary.



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Dr. J. Michael Carroll was a staunch supporter of IACA, in every regard, from the time of its inception. His untimely passing left numerous voids in our community from a wide range of perspectives. Dr. Carroll cared deeply for his patients. He continually encouraged IACA to go forward with our mission for the benefit of Interior families dealing with cancer not only as a disease, but as an unforgiving impediment to quality of life. Despite his absence, Dr. J. Michael Carroll continues to serve as the driving force for IACA.

It is vital that we increase public awareness about our organization. We are appreciative of all donations which will enable us to continue to help our neighbors in need. Our contact information can be found on our website, www.interioralaskacancer.org. If you know of a cancer patient in the community who could use our help, please share this information with them.

Sincerely yours,

Barbara Stella
Board Member



2020 LEND A HAND APPLICATION

Deadline: November 30, 2019

OUR MISSION:

Co-op Market Grocery & Deli works for health and sustainability by providing healthful foods and products, promoting local suppliers, and offering consumer education in an open, community-centered environment, through a viable business.

OUR VALUES:

- **Service** – We are committed to the joy of true service, putting the needs of others first in a way that touches lives and hearts. Our service is an honor and a privilege.
- **Sustainability** – We seek to sustain our co-op's financial health and growth while working toward solutions to economic development that consider the health of our community and planet.
- **Social Responsibility** – We believe that our actions must benefit the global community at large. This means that we promote justice and equity in all of our relationships and are committed to the people who use and work for our business.

Name of Organization: Interior Alaska Cancer Association

Mailing Address: P.O. Box 80063

City, State, Zip: Fairbanks, Alaska 99708-0063

Contact Name: Gretchen Ray, Treasurer Phone: 347-3185

Contact Email: gray@gci.net

Website: www.interioralaskacancer.org

Facebook: _____ Instagram: _____ Twitter: _____

Name and address for check remittance (if it differs from above):

Name: Jeanne Laurencelle, President

Mailing Address: P.O. Box 80063 %Interior Alaska Cancer Association

City, State, Zip: Fairbanks, Alaska 99708-0063

Is this a 501(c)3 non-profit organization? If yes, please include certification with application. **Yes**

Has your organization been a Lend a Hand recipient in the past? If so, when? **No**

Instructions: Please include a cover letter on your organization's official letterhead with this form.

I. Please provide your mission statement and a brief summary of your organization's work.

Information enclosed

2. How does your work align with Co-op Market's mission and values?

Follow your values of service, sustainability and social responsibility

3. How will the Lend a Hand funds be used?

Give financial aid for cancer pts. food, medical care, housing and transportation

4. If your organization has received funding from Co-op Market in the past, please describe how this funding supported your organization and mission.

NO

5. What is your elevator pitch? Cashiers usually have about 10 seconds to describe our monthly recipient to a shopper. Please describe your organization and how the funds will be used in 100 words or less.

The all-volunteer Interior Alaska Cancer Association provides rent, groceries, heating oil, and gasoline to cancer patients in Interior Alaska. We spend 96% of all donations locally for cancer patients in need. Our assistance keeps families in their homes, food on the table, homes heated, lights on, and helps people get to their medical treatments when facing severe illness and financial stress. IACA turns donations into real relief for our neighbors in need.

6. Which month would you prefer us to fundraise for your organization? (Note: We cannot guarantee your month of choice.) No month in particular

Applications will be published on our website. For this reason, please include *no more than one* piece of supplemental information (brochure, flyer, annual report, etc.) with your application.

In December, our Owners will vote to select our 2020 Lend a Hand recipients. If your organization is selected, we will require the following:

- 2 or 3 high resolution photos representing your work. Please include a photo release for any people appearing in your photos.
- A high resolution, printable jpg of your organization's logo.
- Promotion of the Lend a Hand program via your website, newsletter and/or social media pages.
- One scheduled 3-hour shift of tabling at the store during your Lend a Hand month.
- Brochures or flyers about your organization if available.

Important Note:

We do not donate to individuals, national charities, political candidates or organizations, organizations that advance a particular religious belief, or organizations that discriminate on the basis of race, color, creed, national origin, religion, age, gender, sexual orientation, marital status, disability or status in any other protected group.

Submit applications to the attention of Kristin Summerlin, Marketing & Owner Services Manager:

- via email to marketing@coopmarket.org (preferred). Be sure to include scans of supporting materials.
- by hand delivery to the Customer Service Desk.
- by mail to the following address: Co-op Market Grocery & Deli, 526 Gaffney Road, Fairbanks, AK 99701.

Looking to the future:

I.A.C.A. volunteers are working to provide programs and services to Interior Alaska cancer patients, cancer survivors and their families.

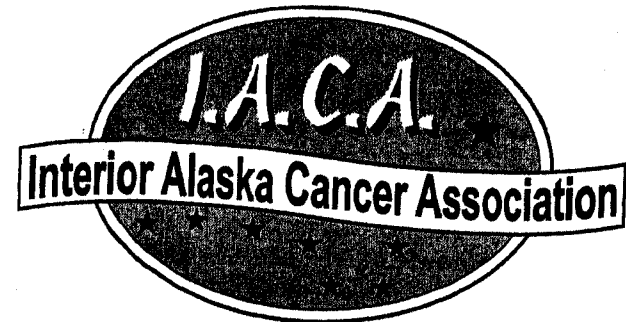
I.A.C.A. desires to provide the best possible programs and services in an ongoing process with short-term and long-term goals. With ongoing needs assessments we are identifying the needs of cancer patients, cancer survivors and their families and are trying to assist with these needs.

I.A.C.A. is currently working on expanding programs and services to include the following:

- ◆ Support Groups
 - A. Men's Support Group
 - B. Support Group for Care Givers and Spouses
 - C. Pain Management
- ◆ Cancer Patient Home (non medical)
- ◆ Primary and Secondary Care for Patients under 60 (child care, eating, etc)
- ◆ Palliative care
- ◆ Better patient education
 - A. Development of Cross-cultural understanding with patients
 - B. Youth involvement

Interior Alaska Cancer Association Mission Statement

*The Interior Alaska
Cancer Association
is organized to assist with the
cancer related needs (care,
education, prevention) of
patients and their families in
Interior Alaska
and
to supplement and enhance the
ongoing efforts of physicians,
educators and
employers in preventing and
fighting cancer in the
community.*



Interior Alaska Cancer Association ◆ Patient Services & Programs

*Interior Alaska Cancer Association
P.O. Box 80063
Fairbanks, AK 99708-0063*

*◆
(907) 374-0974
(Local Fairbanks number)*

General Cancer Support Group:

Support group provides encouragement and education for patients, family members and friends who are coping with cancer-related issues. The group concentrates on general support and assistance in dealing with specific cancers.

Breast Cancer Support Group:

Support group for breast cancer patients provides encouragement and education for coping with breast cancer. The group meets twice monthly, the 2nd Tuesday of each month is a support group and the 4th Thursday of each month is a 1 hour program and support group meeting.

One-On-One Cancer Support

Matching a cancer patient with a trained volunteer with the same or similar type of cancer. This is a one-on-one meeting to help prepare and answer questions about what to expect throughout treatment, to increase the ability to cope, to manage illness, to maintain work and family roles and regaining a normal life after treatment.

School Education & Health

Fighting cancer through cancer prevention, information and education on all types of cancer. The Interior Alaska Cancer Association provides cancer information throughout Interior Alaska at public functions, schools, and private business.

Recovery Express:

IACA will help arrange transportation to cancer patients to and from cancer treatments. For patients that are unable to drive or find transportation to treatment.

Financial Assistance:

IACA can help cancer patients that are in need of financial assistance. Although we can not pay for treatment we can often help with travel expenses, prescription, and non-insurance expenses. Aid is provided as funds allow and on a non-discriminatory basis.

Volunteer:

As a volunteer you are part of something meaningful, something larger than yourself - an organization dedicated to preventing cancer and diminishing the suffering it causes. The Interior Alaska Cancer Association in Fairbanks is a community based volunteer organization.

Donations:

The Interior Alaska Cancer Association is dedicated to helping improve the lives of those touched by cancer. I.A.C.A. is an all volunteer nonprofit corporation. Donations are used to help Interior Alaska cancer patients in their time of need. Donations are tax deductible.

I.A.C.A. Working with others

I.A.C.A. works with other local organizations in order to help provide a wide range of services. Some of the organizations include: Breast Cancer Detection Center, Farthest North Prosthetics, Air Life Line, Locks of Love, Hospice, Access Alaska, and Love Inc.

I.A.C.A. Board of Directors:

President	Bill Warren
Vice President	Brad Bradley
Secretary	Pam Warren
Treasurer	Lori Cannon

State of Alaska
Department of Community and Economic Development
Division of Banking, Securities and Corporations

CERTIFICATE
OF
INCORPORATION
Nonprofit Corporation

The undersigned, as Commissioner of Community and Economic Development of the State of Alaska, hereby certifies that Articles of Incorporation of

INTERIOR ALASKA CANCER ASSOCIATION

have been received in this office and have been found to conform to law.

ACCORDINGLY, the undersigned, as Commissioner of Community and Economic Development, and by virtue of the authority vested in me by law, hereby issues this Certificate of Incorporation and attaches hereto the original copy of the Articles of Incorporation.

IN TESTIMONY WHEREOF, I execute this certificate and
affix the Great Seal of the State of Alaska on
JUNE 11, 2002

Deborah B. Sedwick

Deborah B. Sedwick
Commissioner of Community
and Economic Development